

SET YOUR MAGNETIC GOAL

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A man without a goal is like a ship without a rudder. For unleashing the full potential of a human being, he must have some clear specific written goals. If you feel your life boring, you have to tie your life with a goal. A concrete goal is something which will not let you sleep and kick you out of bed. All the human beings have different skills and talents, so as the goals are. This article will help you to set a magnetic goal which could attract great success the area you wish to. Everyone in the universe has their own thumb impression as like everyone has their own unique skills and talents. Goal setting seems to be the best practice to unleash the hidden talents and skills we possess.

There lived a man in a village, he had a dog. The dog used to chase all the vehicles passing in the road adjacent to his home. One day a neighbour came to him and asked “whether your dog will catch a vehicle?” At this time man answered “My thought is what the dog will do after catching a vehicle? The dog is running behind a target which is of no use to him. We should run behind targets which will reap positive outcomes. For running in a proper direction, we require magnetic goals.

Once a person asked Bruce Lee on the secret of success. He answered saying “Laser Focus is the secret of success”. Goal setting will help us to do things with a laser focus on our goals. In management, there is a principle called “management by objective”. The same can be applied in the life of an ordinary person to make him extra ordinary “Life with goals”.

This E-Book will help you in setting a magnetic goal, which could attract all the elements needed to reach your goal. Read the book different time. Go through each steps in a daily basis, till a convincing model of Goal sheet is reached. The author of the book has conducted more than 100 session on Goal setting for age grouping from 10 to 74. The same will definitely impact your life in a positive manner.

If you need rock and you know that you will search for it. But if you need rock and you don't know that, then you will miss it. A goal must be big enough which can scare you to explore your real potential. We can set a goal in 3 levels.

Level 1: The goals which you can easily do, where you don't need to actually use your full strength.

Level 2: The goals where you have to use more than your real strength.

Level 3: The goals must be crazy enough that everyone calls its impossible and you make it possible.

To make the goals attainable one should focus his brain, mind and body together for the goal. The three dimensional focus can change any impossible goal to a possible achievement.

STEPS TO SET THE MAGNETIC GOAL

1. Think and set a goal

You have to think about the achievement or success you want to achieve During this step the common tendency is to doubt on whether I can achieve or not ? . There is no need for such a confusion but just think freely and decide. Take enough time to think about that. Since if you can think it, you can make it.

2. Write the goal

You may have great memory, but you have to write down the goal which you have to achieve. Writing the goal down to a paper is inevitable. Writing or depicting something on paper indirectly make the brain close to the written goal closer. Writing the goal on a paper will make your subconscious mind to visualise the goal in a better manner. Once the subconscious mind believes, you will achieve it.

3. Write 100 requirements and skills

Write 100 skills and requirements you have to make to reach your goal. This is like listing down all the requirement for building a building. Listing seems to be unimportant, but this is the major step one should complete to get a 360 degree view of the goal. This list will help you to grab a lot of requisites for the goal from the surroundings.

4. Make a list of 10 priorities

Make a list of 10 from the listed 100 requirements and start working on the same. The listing 10 must be the most important and needed requirements which could make the way easy. This 10 comes under high impact activities which you have to do to reach your goal. This priority list will help you to complete the high impact activities in a fast phase.

5. Make an action plan

Make an action plan to achieve the same by looking upon the 5W 1H rule. This is by asking the questions to oneself What, When, Why, Where, Who and How .These self-questions on the requirements will clearly give you an idea to make a great action plan.

6. Believe in Everyday concept

The concept is very simple, the aggregate of the works done in different days together could create a great result. So plan everyday activity to create each requirements for achieving goal. All the great achievements in the world are made out of everyday efforts. Believe in it and practice every day to succeed.

Practical Exercises

1. Purchase a Pocket book and write 10 things to achieve in it
2. Look and read with an achievement attitude everyday
3. Try to grab each opportunities which could enable us to meet building bricks
4. Create an attitude of focusing with a goal i.e. always keep the goal while doing all activities
5. Watch the video and audio on Goal setting in

Malayalam Video on Goal Setting:

1: <https://www.youtube.com/watch?v=ML9O0uyrgnw&t=13s>

2: https://www.youtube.com/watch?v=_oud5ievxOo&t=25s

